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Big Big Love, Revised: A Sex And Relationships Guide For People Of Size (and Those Who Love Them)



Synopsis

Love, Romance, and Great Big Sexuality for Everyone Big Big Love is the only one-stop-shopping handbook on relationships, sexuality, and big sexy confidence for people of all genders, sizes, and sexual orientations who know that a fantastic love life doesn't necessarily have anything to do with the number on the bathroom scale. Covering everything from dating to sex toys to getting on top, this guide also features tips on navigating tricky topics like making peace with your belly, coping with weight-related prejudice, and creating a happy, satisfying sex life in a culture where no body is ever perfect enough. This freshly updated version of the 2000 cult classic features new interviews with body-acceptance activists, health coaches, psychologists, and more, plus hundreds of quotes from fat folks and those who love them selected from a survey conducted exclusively for the book. From taking your clothes off to BDSM to fat admiration to tips for successful long-term relationships, Big Big Love's savvy, sane advice can help you tackle every hot-button issue you may confront in the bedroom and in love.

Book Information

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Customer Reviews

8 years ago when I began my journey to being fat positive in earnest, I had the privilege of buying the first edition of Big Big Love when it was still in print and I am not merely spouting cliches when I say that it changed my life overnight. For the first time in my life I was reading a joyful "how to" sex manual that was geared towards people with bodies like mine. It was a pleasant surprise to find that Big Big Love was more than just your typical sex manual, it was also an invaluable guide to living your life with *joie de vivre* as a fat person. Big Big Love included such priceless chapters on how to

deal with well meaning loved ones who constantly critique your weight and it even offered clever comebacks to comments that come from less than well meaning sources. Big Big Love along with Marilyn Wann's Fat!So? became my constant bedside companions as I learned to navigate through life as a queer fat woman of color. I am happy to say that the revised edition far exceeded my wildest expectations. Since the first edition of Big Big Love was published, our society has seemed to step up it's hate mongering tactics towards fat people with such shows as "The Biggest Loser" and a constant barrage of weight loss commercials aimed at letting you know that your body is NOT okay as it is. Hanne Blank once again saves the day in this revised edition and responds to the fat hatred epidemic by stepping up her own Fat and Sex Positivity game. In this edition, her language is stronger in it's reassurance to readers' that yes they are worthy of having healthy sex lives and it's is also stronger in expressing the author's well justified anger towards people who would tell you otherwise.

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